

2008-2010 ALBERTA TRIALS TIME STANDARDS**GIRLS**

EVENT		10 & U	11	12	13	14
QT	SC	3:39.20	3:26.90	3:18.60	3:10.70	3:03.10
200 IM	LC	3:43.60	3:31.00	3:22.60	3:14.50	3:06.80
QT	SC	7:01.50	6:29.50	6:01.20	5:54.70	5:44.50
400 Free	LC	7:10.10	6:37.50	6:08.60	6:01.90	5:51.50

2008-2010 ALBERTA TRIALS TIME STANDARDS**BOYS**

EVENT		10 & U	11	12	13	14
200 IM	SC	3:42.90	3:34.20	3:23.60	3:10.20	2:57.00
QT	LC	3:47.40	3:37.20	3:27.60	3:14.10	3:00.60
400 Free	SC	7:08.20	6:46.80	6:17.90	5:55.20	5:33.90
QT	LC	7:16.90	6:55.00	6:25.50	6:02.30	5:40.60