

# SASKATOON GOLDFINS SWIM CLUB

## 33rd ANNUAL

## INVITATIONAL SWIM MEET



## OCTOBER 22-25, 2009

### MEET MANAGER

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### ASSISTANT MEET MANAGER

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430 Anglin Court  
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[gkobussen@shaw.ca](mailto:gkobussen@shaw.ca)

### ENTRIES

Erin McGonigle

(306) 382-4847  
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SANCTION # 8115

# SASKATOON GOLDFINS SWIM CLUB

## 33<sup>RD</sup> ANNUAL INVITATIONAL

### SHORT COURSE SWIM MEET

**DATE:** October 22 - October 25, 2009

**LOCATION:** Shaw Centre  
122- Bowlt Cres  
SASKATOON, Saskatchewan  
306-975-7744

**FACILITY:** 1 - 25 Metre X 10 Lane Competition Pool  
1 - 25 Metre X 10 Lane Warm-Up/Down Pool  
Non Turbulent Lane Markers  
Daktronic Electronic Timing System  
HY-TEK Meet Manager Computer Software

**ELIGIBILITY** All swimmers must be registered "competitive" with Swimming/Natation Canada (SNC), U.S. Swimming, or FINA.

Age Group based on age of swimmer on October 22, 2009

**COMPETITION:** **Prelims: Swim 10 Lanes**  
**Finals : Swim 10 Lanes**

Preliminary heats for all age groups **male,female** will be swum in the morning sessions. Relays for all age groups will be swum as Time Finals in the evening sessions. Finals for individual events will be swum in the evening sessions.

For a given event that has more than 24 entries at entry deadline, a consolation final will be offered.

In Finals: B final first, then A final.

Preliminaries for all swimmers aged 11 & Over will be senior seeded by time alone as per rule SW 3.1.1.3 and its subparagraphs. Finals for individual events will be swum by age groups **male, female** 11-12, 13-14, 15-16, and 17 & Over. Qualifying times are listed in the event order. Relays will be swum 10 & Under, 11-12, 13-14, and 15 & Over in Finals.

All individual events for the 10 & Under age group will be swum as Time Finals in the morning sessions **except** for the

200 IM & 200 Free which will have preliminary heats in the morning and finals in the evening. 10 & Under swimmers will swim **male, female** for preliminaries and time finals, seeded separately from the 11 & Over swimmers. Finals for 10 & Under 200 IM & 200 Free will be swum male and female.

All swimmers must be entered in their correct age group, **male, female** and must meet the qualifying time specified in this meet package for at least one event (see bonus swims). 10 & Under swimmers will not be permitted to enter events that are not offered in their age groups, in accordance with Rule CSWAG 1.1.5.

SWAD entries will be accepted and will swim integrated with able-bodied in both prelims and finals. SWAD entries must meet the qualifying times for their respective age/gender as published in this meet package. Please note that these are not SWAD-specific entry standards. SWAD results will not place/score separately but will place/score integrated with able-bodied swims.

#### **EXCEPTIONS:**

The 800 and 1500 Freestyle will be swum as Time Finals, **male, female** fastest to slowest, on Thursday evening. All heats of 800 will swim first, followed by all heats of 1500. The fastest 10 swimmers in each event will swim with one swimmer per lane. The remaining heats may be combined with two swimmers per lane at the discretion of meet management to meet time lines for completion of the events. The 800 and 1500 Freestyle will **not** be offered for 10 & Under swimmers.

**All events for all age groups male, female on Sunday, October 25<sup>TH</sup> will be swum as Time Finals. There will be no evening session on this day.** Swimmers will be seeded as 10 & Under and 11 & Over, **male, female**. Results will be broken out by age groups for placing and scoring. Note: that the 200 Fly and 400 IM will **not** be offered for 10 & Under swimmers.

The 400 Free will be swum as **timed finals**. The fastest 10 swimmers in each event will swim with one swimmer per lane. The remaining heats may be combined with two swimmers per lane at the discretion of meet management to meet time lines for completion of the events.

**RULES:** The meet will be governed under current SNC rules. **Note:** due to constraints in the availability of officials, **SW 2.6.3** will not apply for the provision of lap counters. Swimmers who require lap counters for the 800 and 1500 events must supply these. Meet management will permit one lap counter per swimmer at the turn end of the pool.

IPC rules will be followed for SWAD swimmers competing in the meet.

Except for Backstroke, swimmers will remain in the water at the completion of their swim to allow the next heat to start before they leave the pool. Swimmers will stay in the water alongside the lane markers and away from the touch pads.

**SCRATCHES:** Scratch forms will be provided at the meet in the Coaches' Information Packages and must be returned to the scratch box at the clerk of course in accordance with CSW 3.6. There will be no refund of entry fees for scratches received after midnight, **Monday, October 19<sup>TH</sup>**.

- a) Scratches for the 800 and 1500 must be made 30 minutes prior to the start of the event.
- b) Scratches from preliminary heats may be made at anytime without penalty except loss of entry fee. However, Clubs are requested to report any scratches 30 (thirty) minutes from the conclusion of preliminary event. A time line for scratch deadline will be announced.
- c) Scratches from Finals resulting from Preliminaries may be made without penalty if reported to the clerk of course within 30 (thirty) minutes following the conclusion of the Preliminary session.
- d) The last scratch deadline without penalty for both the final and the consolation final shall be 30 minutes prior to the start of the finals session. There shall be no re-seeding to include scratches made after the initial scratch deadline. (SNC3.6)

**Note:** In fairness to alternate swimmers, and as a courtesy to all other swimmers, coaches, officials, and meet manager, clerk of course, or designate, prior to the initial scratch deadline.

- e) **Penalties:** Scratches after the last deadline

and all step-downs, no shows, and unexcused incomplete swims(as determined by the referee) will result in the offending swimmer being scratched from all remaining events, including relays, scheduled for that day.

f) **Alternate Swimmers:** In Finals, if a swimmer has not reported to the blocks when the race is called, the Referee shall have the alternate called immediately, who shall become one of the finalists. Alternates **Must** report to the Clerk of Course when the event is called and be ready to swim if necessary.

**PROTESTS:** In accordance with Rule GR 9.2.

**LTAD PRE-REQUISITE**

In order to comply with SNC’s LTAD Competition policy, to be eligible to qualify for this meet, the younger swimmers must now qualify in both an IM event **AND** in a distance Freestyle event with a MANSASK “A” (old B”) time standard as follows:

- 12 & Under Females - 200 IM or 400 IM **AND** one of 400, 800 or 1500 Free
- 13 & 14 Females - 400 IM **AND** either 800 or 1500 Free
- 13 & Under Males - 200 IM or 400 IM **AND** one of 400, 800 or 1500 Free
- 14 & 15 males - 400 IM **AND** either 800 or 1500 Free

Proof of LTAD qualifying times for all swimmers entered in the meet can be requested at any time, however, we suggest that teams entering swimmers with bonus events supply proof of times for the LTAD criteria to the entries coordinator prior to the start of the meet.

**LTAD pre-requisite qualifying times**

	200 IM	or	400 IM	<b>and</b>	400 fr	or	800 fr	or	1500 fr
12 & U Girls	3:22.91		7:14.26		6:20.81		13:14.57		25:55.66
12& U Boys	3:22.93		7:12.75		6:17.58		13:23.33		25:15.89
13 Boys	3:00.93		6:27.70		5:55.09		12:23.58		23:00.56
	400 IM			<b>and</b>			800 fr	or	1500 fr
13&14 Girls	6:40.55						12:18.55		24:23.65
14 Boys	6:27.70						12:23.58		23:00.56
15 Boys	6:00.72						11:41.17		21:30.80

Once achieving the IM and Distance Freestyle events as outlined above, a swimmer will still be required to qualify for individual events as per the event list.

**ENTRIES:** Qualifying times are listed on the event list at the end of this meet information package.

Entries may be capped at a total of 450 swimmers in order to adhere to suggested guidelines for start and finish times and session lengths. Entries will be accepted on a first-come, first-served basis. No other preference will be given to any entries. Teams will be notified of their inclusion in the meet as soon as submitted entries have been received. Teams whose entries are not accepted will also be notified.

Swimmers may enter any number of events for which they qualify. Swimmers will be guaranteed a minimum of seven swims. Swimmers who have fewer than seven qualifying times are eligible for bonus swims based on the following:

- 1 qualifying time = 6 bonus swims
- 2 qualifying times = 5 bonus swims
- 3 qualifying times = 4 bonus swims
- 4 qualifying times = 3 bonus swims
- 5 qualifying times = 2 bonus swims
- 6 or more qualifying times = 1 bonus swim

Bonus swims are to be entered with valid short course times for seeding purposes. Swimmers may not use 800 or 1500 Freestyle as a bonus swim.

Entries for the 800 and 1500 Freestyle must meet the qualifying time for these events. The top 10 entries male and female for each age group (except for 10 & Under) will be guaranteed to swim. If there are not 10 qualified entries for any age/gender, additional entries will be accepted, ranked by time alone, to fill a maximum of eight heats of each event. The events will be seeded as **male, female** by time alone. Swimmers may be entered in both events.

The Goldfins Swim Club reserves the right to fill empty lane with their own non-qualified swimmers.

ALL ENTRIES ARE COMPLETED ONLINE THROUGH SWIM CANADA ONLINE SYSTEM.

DIRECT ALL INQUIRIES REGARDING THE HY-TEK COMPUTER ENTRIES TO:

**Erin McGonigle**

Phone: (306) 382-4847

E-mail: [erinmcgonigle@sasktel.net](mailto:erinmcgonigle@sasktel.net)

**DECK ENTRIES:**

Additional swims may be permitted if empty lanes are available, but no additional heats will be created.

The cost of all deck entries will be \$10.00 per individual event and \$15.00 per relay. Payment in cash or a cheque made out to "Saskatoon Goldfins Swim Club" must be paid at the conclusion of the meet. These swims are exhibition swims only.

**ENTRY LIMITATIONS:** **ALL meet entries must be accompanied by the swimmer's 9-digit SNC registration number.** If entries are received without a 9-digit registration number then the entries will be rejected. All qualified entries must include entry times.

**RELAYS:** Each relay swimmer must swim in at least one individual event in the meet. All Relays swim with finals.

Names of relay members must be submitted to the Clerk of Course at least 30 minutes prior to the start of the session in which the relay is held.

**ENTRY FEES:** \$70.00 per swimmer.  
\$5.00 participation fee per swimmer

Relay Events - \$10.00 per relay team. A MAXIMUM OF TWO TEAMS PER CLUB PER EVENT WILL BE SCORED; others can be swum as exhibition.

A cheque payable to the SASKATOON GOLDFINS SWIM CLUB should accompany the entry information. Entry fees must be received by meet management no later than at the start of the Coaches' Meeting (8:25 A.M., Friday, Oct. 23.)

**ENTRY DEADLINE:** **ALL ENTRIES MUST BE RECEIVED BY MIDNIGHT TUESDAY, OCTOBER 13, 2009.**

**MEET RESULTS:** Meet results will be posted daily on the Goldfins web site at [www.goldfins.ca](http://www.goldfins.ca) including a Hy-Tek Commlink.

**SCORING:** Points for 1<sup>ST</sup> to 10<sup>th</sup> place 54,34,24,19,18,17,16,15,14,13  
Points for 11<sup>th</sup> to 20<sup>th</sup> place 11,9,8,7,6,5,4,3,2,1  
Points will be awarded for all timed finals and for consolation finals.  
Relay points 1<sup>st</sup> to 10<sup>th</sup> place 54,34,24,19,18,17,16,15,14,13  
Only two relays per age group per club will be scored

**AWARDS:** Individual Events - Medals for 1<sup>st</sup> to 3<sup>rd</sup> place.  
Ribbons for 4<sup>th</sup> to 10<sup>th</sup> place.

Relay Events - Medals for 1st place.  
Ribbons for 2nd and 3rd place.

Trophies/Plaques - Individual trophies or plaques for boys and girls in each age group. These awards will be given to the best performance event as compared to the SNC Performance Charts. To be eligible, swimmers must swim in a minimum of three individual events.

Large Team Trophy/Plaque - to the team (11 or more swimmers) with the highest total points.

Small Team Trophy/Plaque - to the team (10 or fewer swimmers) with the highest total points.

Prize for fastest 200 IM (event to be randomly drawn)  
awarded male and female

**COACHES'** A coaches' meeting will be held prior to the start of the  
**TECHNICAL** Friday morning session (8:25 a.m.) to update meet rules  
**MEETING:** and answer questions.

**OFFICIALS:** Visiting clubs are encouraged to participate in officiating at the meet at whatever levels they may be qualified. Please advise the Meet Manager of any available officials and their level(s) of qualification.

**EQUIPMENT:** Goggles, caps, swimsuits or other specific swim equipment will **not** be available for purchase at this meet.

**CONCESSION:** A concession is available at the pool. No food is allowed on the pool deck. Please have your club's area in the stands cleaned up before you leave each day.

**MEET SAFETY RULE:** **SNC WARM UP PROCEDURES WILL BE IN EFFECT AT THIS MEET, AS PER APPENDIX F IN THE SNC RULEBOOK.**

Safety Marshals will be stationed around the pool deck.

During warm-ups, no swimmer shall enter the pool by using a dive. **NO DIVING ALLOWED.**

**EXCEPTION:**

During the last 25 minutes of the warm up, Lanes 0 and 9 will be designated as diving lanes. During this period only ONE WAY SWIMMING will be allowed in these lanes. At the discretion of meet management Lanes 1 and 8 may be designated pace lanes.

NOTE: Coaches are responsible to inform their swimmers and ensure their discipline and adherence to the MEET SAFETY RULE.

**GENERAL INFO:** During breaks, coaches and chaperones are welcome in the Officials' room.

Clubs will be responsible for their personal valuables and for the conduct of their swimmers.

Swimmers caught vandalizing pool property or using offensive language will be disqualified from the Meet and any expenses incurred as a result of the vandalism will be billed to their Club.

**SMOKING IS PROHIBITED** in all areas of the pool according to City Bylaws. **Food is also prohibited on the pool deck.**

Only the Host Club shall be allowed to sell equipment and merchandise.

Your co-operation is expected in helping the officials to provide quiet for the start of each race. There should not be any cheering from the pool deck at this time.

There will be 55 minutes of warm-up time available with the last 25 minutes available for practising race starts. There will be no warm-up lane assignments; but, as lanes are usually crowded, co-operation and courtesy of all coaches and athletes is expected.

Deck changing will not be allowed as per Swim Saskatchewan policy.

**ACCOMMODATIONS:**

**TRAVELODGE HOTEL**

106 Circle Drive West (Corner of Idylwyld)  
(306) 242-8881

**BEST WESTERN INN & SUITES**

1714 Idylwyld Drive North  
Phone: (306) 244-5552

**COMFORT INN**

2155 Northridge Drive  
Phone: (306) 934-1122

**SASKATOON INN**

2002 Airport Drive  
Phone: (306) 242-1440

**SUPER 8**

706 Circle Drive  
Phone: (306) 384-8989



**SUPPORTED BY:**



**GOLDFINS INVITATIONAL SWIM MEET  
EVENTS AND QUALIFYING TIMES**

**THURSDAY, OCTOBER 22, 2009**  
**START 6:00 P.M.**

**WARM UP 5:00 P.M.**  
**Timed Finals**

QUALIFYING TIMES	GIRLS EVENTS	ORDER OF EVENTS	BOYS EVENTS	QUALIFYING TIMES
		800m FREE		
11:47.0	1	11-12 800m FREE	2	11:54.0
10:57.0		13-14 800m FREE		11:01.0
10:37.0		15-16 800m FREE		10:24.0
10:37.0		17 & O 800m FREE		10:24.0
		1500m FREE		
23:03.0	3	11-12 1500m FREE	4	22:23.0
21:41.0		13-14 1500m FREE		20:28.0
21:01.0		15-16 1500m FREE		19:08.0
21:01.0		17 & O 1500m FREE		19:08.0

**GOLDFINS INVITATIONAL SWIM MEET  
EVENTS AND QUALIFYING TIMES**

**FRIDAY, OCTOBER 23, 2009 WARM UP**

**Prelims.**

8:00 A.M.

**Finals**

5:00 P.M.

START

9:00 A.M.

6:00 P.M.

QUALIFYING TIMES	GIRLS EVENTS	ORDER OF EVENTS	BOYS EVENTS	QUALIFYING TIMES
	5	10 & U 4x 50m F.R. **	6	
	7	11-12 4x 50m F.R. **	8	
	9	13-14 4x 50m F.R. **	10	
	11	15 & O 4x 50m F.R. **	12	
3:20.0	13	10 & U 200m I.M.	14	3:21.0
3:00.0	15	11-12 200m I.M.	16	3:01.0
2:50.0		13-14 200m I.M.		2:41.0
2:44.0		15-16 200m I.M.		2:31.0
2:44.0		17 & O 200m I.M.		2:31.0
1:38.0	17	10 & U 100m BACK (Time Final)	18	1:38.0
1:25.0	19	11-12 100m BACK	20	1:23.0
1:19.0		13-14 100m BACK		1:14.0
1:16.0		15-16 100m BACK		1:08.0
1:16.0		17 & O 100m BACK		1:08.0
3:58.0	21	10 & U 200m BREAST (Time Final)	22	4:00.0
3:23.0	23	11-12 200m BREAST	24	3:22.0
3:11.0		13-14 200m BREAST		3:03.0
3:06.0		15-16 200m BREAST		2:49.0
3:06.0		17 & O 200m BREAST		2:49.0
3:11.0	25	11-12 200m FLY	26	3:14.0
2:53.0		13-14 200m FLY		2:46.0
2:46.0		15-16 200m FLY		2:31.0
2:46.0		17 & O 200m FLY		2:31.0
1:26.0	27	10 & U 100m FREE (Time Final)	28	1:26.0
1:14.0	29	11-12 100m FREE	30	1:13.0
1:09.0		13-14 100m FREE		1:05.0
1:07.0		15-16 100m FREE		1:01.0
1:07.0		17 & O 100m FREE		1:01.0

**Note: \*\* swim with finals**

**GOLDFINS INVITATIONAL SWIM MEET  
EVENTS AND QUALIFYING TIMES**

**Prelims. Finals**

**SATURDAY, OCTOBER 24, 2009** WARM UP

8:00 A.M.

5:00 P.M.

START

9:00 A.M.

6:00 P.M.

QUALIFYING TIMES	GIRLS EVENTS	ORDER OF EVENTS	BOYS EVENTS	QUALIFYING TIMES
	31	10 & U 4x50m M.R. **	32	
	33	11-12 4x50m M.R. **	34	
	35	13-14 4x50m M.R. **	36	
	37	15 & O 4x50m M.R. **	38	
3:09.0	39	10 & U 200m FREE	40	3:07.0
2:40.0	41	11-12 200m FREE	42	2:38.0
2:31.0		13-14 200m FREE		2:23.0
2:25.0		15-16 200m FREE		2:13.0
2:25.0		17 & O 200m FREE		2:13.0
1:51.0	43	10 & U 100m BREAST (Time Final)	44	1:53.0
1:35.0	45	11-12 100m BREAST	46	1:35.0
1:29.0		13-14 100m BREAST		1:24.0
1:26.0		15-16 100m BREAST		1:18.0
1:26.0		17 & O 100m BREAST		1:18.0
1:45.0	47	10 & U 100m FLY (Time Final)	48	1:45.0
1:25.0	49	11-12 100m FLY	50	1:25.0
1:18.0		13-14 100m FLY		1:14.0
1:15.0		15-16 100m FLY		1:07.0
1:15.0		17 & O 100m FLY		1:07.0
0:39.0	51	10 & U 50m FREE (Time Final)	52	0:39.0
0:34.0	53	11-12 50m FREE	54	0:33.0
0:32.0		13-14 50m FREE		0:30.0
0:31.0		15-16 50m FREE		0:28.0
0:31.0		17 & O 50m FREE		0:28.0
6:26.0	55	11-12 400m I.M.	56	6:25.0
6:02.0		13-14 400m I.M.		5:45.0
5:47.0		15-16 400m I.M.		5:21.0
5:47.0		17 & O 400m I.M.		5:21.0

**Note: \*\*swim with finals**

**GOLDFINS INVITATIONAL SWIM MEET  
EVENTS AND QUALIFYING TIMES**

**Timed Finals**

**SUNDAY, OCTOBER 25, 2009**

WARM UP

8:00 A.M.

START

9:00 A.M.

QUALIFYING TIMES	GIRLS EVENTS	ORDER OF EVENTS	BOYS EVENTS	QUALIFYING TIMES
6:19.0	57	10 & U 400m FREE	58	6:16.0
5:39.0	59	11-12 400m FREE	60	5:36.0
5:18.0		13-14 400m FREE		5:06.0
5:06.0		15-16 400m FREE		4:44.0
5:06.0		17 & O 400m FREE		4:44.0
0:47.0	61	10 & U 50m BACK	62	0:47.0
0:39.0	63	11-12 50m BACK	64	0:39.0
0:36.0		13-14 50m BACK		0:35.0
0:35.0		15-16 50m BACK		0:32.0
0:35.0		17 & O 50m BACK		0:32.0
0:48.0	65	10 & U 50m FLY	66	0:48.0
0:39.0	67	11-12 50m FLY	68	0:39.0
0:36.0		13-14 50m FLY		0:34.0
0:35.0		15-16 50m FLY		0:31.0
0:35.0		17 & O 50m FLY		0:31.0
3:38.0	69	10 & U 200m BACK	70	3:32.0
2:60.0	71	11-12 200m BACK	72	2:59.0
2:48.0		13-14 200m BACK		2:41.0
2:42.0		15-16 200m BACK		2:29.0
2:42.0		17 & O 200m BACK		2:29.0
0:53.0	73	10 & U 50m BREAST	74	0:52.0
0:44.0	75	11-12 50m BREAST	76	0:44.0
0:41.0		13-14 50m BREAST		0:39.0
0:40.0		15-16 50m BREAST		0:36.0
0:40.0		17 & O 50m BREAST		0:36.0
1:40.0	77	10 & U 100m I.M.	78	1:40.0
1:26.0	79	11-12 100m I.M.	80	1:27.0
1:19.0		13-14 100m I.M.		1:16.0
1:16.0		15-16 100m I.M.		1:09.0
1:16.0		17 & O 100m I.M.		1:09.0