

Oktoberfest Meet Recap:

On Saturday, October 17th, Silver Tide sent over 40 swimmers to the EKSC Oktoberfest swim meet at the Kinsmen Sport Centre in Edmonton. It was the first meet of the year for everyone there, and we made a big impression to start off the 2009-10 season.

The most impressive part of the meet was watching our swimmers try out so many of the new skills and techniques that we've been learning in workout. Not only did we swim a lot of best times, but we did it by swimming better strokes than ever before. Stroke and skill improvements are the key to long term improvement in swimming, and we got off to a great start at Oktoberfest.

It was also exciting to watch so many Silver Tide swimmers winning their heats at the meet. The TAG group actually went nearly the entire session winning every heat in which we had a TAG swimmer. The JAG group had nearly 100% best times, and the Senior group is showing that they are ready to become one of the best senior programs in the province. Great swimming and great racing! Let's keep listening closely to our coaches' advice and keep the improvements coming!

I would also like to thank all of the parents who volunteered to help set-up, take down, and officiate at the Oktoberfest. We have an exceptional parent group in Silver Tide, and I appreciate everyone giving up a little of their time to support our swimmers and represent our team so well to the Edmonton-area community. I'm proud to be a part of such a great team.

Keep up the great swimming and teamwork,

Coach Chris